Subject Guide: Women's Health - HE ED 3

Internet Resources

The following sites are from agencies of the U.S. government

http://www.nlm.nih.gov/medlineplus/womenshealth.html Medline Plus is from the U.S. National Library of Medicine and the National Institutes of Health

http://www.cdc.gov/women/ the women's page from the Centers for Disease Control.

http://www.womenshealth.gov/ A U.S. government page with links to federal pages on women's health.

http://www.ahrq.gov/research/minority.htm government site focusing on health care for minority women.

http://www.nhlbi.nih.gov/whi/ Women's Health Initiative with current issues from the NIH.

http://www.healthfinder.gov/scripts/SearchContext.asp?topic=920&super=112&B The Women's Health page from the U.S. Dept. of Health and Human Services online healthfinder site.

The following Web pages are from non-governmental, reputable sources

http://www.nytimes.com/specials/women/whome/resources.html A large site with hundreds of links to women's health pages.

http://dir.yahoo.com/Health/Women s Health/?skw=womens+health+issues Yahoo's subject directory of women's health topics.

http://www.mayoclinic.com/health/womens-health/MY00379 the Mayo Clinic's women's health page.

http://www.medicinenet.com/womens_health/focus.htm MedicineNet is part of WebMD, a private company in the health field.

http://www.about-face.org This page helps women and girls deal with harmful media messages

<u>http://www.sarpcenter.org/</u> A local (SLO) page relating to sexual assault

http://www.mckinley.illinois.edu/multiculturalhealth/womenhealth.htm From the

McKinley Health Center at the U.of Illinois, this page is from the Multicultural Health Clearinghouse and deals with women's health issues.

http://www.nowfoundation.org/issues/health/whp A series of fact sheets from the National Organization for Women Foundation

Books and eBooks from the Cuesta College Library

The Cuesta Library has a number of current books on women's health. From the Library's home page http://library.cuesta.edu under **Find a Book**, select **eLibrary** and type a keyword or phrase (for instance: *Women's Health*) in the **Search** field. Write down the call number. Books are arranged by the Library of Congress Classification System and are found in the book stacks by this number.

For a good introduction on using LC call numbers go to *Wikipedia's* LC page http://en.wikipedia.org/wiki/Library of Congress Classification

Cuesta also has 13,000 *EBSCOhost* eBooks, which are full text books you access online. Online books (eBooks) are included in the *eLibrary* catalog. The eBook call number is ONLINE and has a direct link to the URL. To access only eBooks, not books in the library, choose eBooks or *EBSCOhost* from the Library home page or myCuesta.

Your teacher may have placed books on Reserve at the Circulation Desk. Check there, or look under your instructor's name in *eLibrary* by selecting **Course Reserves** under **Find a Book** on the Library home page.

Health encyclopedias and other health reference books can be found in the **Reference** book section. They will often have clear background information on various topics. Use the Index at the end of the set and look under the subject you are researching.

Periodicals (Journals, Magazines, Newspapers) in online databases

Cuesta subscribes to the following online databases: <u>EBSCOhost</u>, <u>SIRS</u>, <u>National Newspaper Core</u>, and <u>NewsBank</u>. They can be accessed from the Library's home page at Cuesta or from home using myCuesta. They are found under **Find an Article: Databases**.

EBSCOhost has a general database and a nursing/medical database. Both are useful for women's health articles.

Books from other libraries

On the Cuesta Library's home page http://library.cuesta.edu/, look under Find a Book and choose Other Library Catalogs.

Request books from other libraries by using the online link to the Interlibrary Loan Request form, found at the left side of the Library home page http://library.cuesta.edu / . Allow 7-10 working days to receive your materials.

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